

## Curriculum Vitae

### Personal Details:

Name: **Dr. Maria-Teresa Martinez-Cengotitabengoa (Dr Mayte Martinez)**  
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Qualifications: Doctor in Clinical Psychology, (BSc., Clin.Psy.Doc. AFBPsS)  
Professional Body: Associate Fellow of the British Psychological Society (0809736)  
Health and Care Professions Council (PYL1859)

### Areas of Expertise:

- Assessment of Parenting
- Learning Difficulties
- Mental Health Problems in adults and children
- Psychological effects of substance misuse
- Child Protection/neglect and abuse issues
- Psychological effects of trauma
- Attachment
- Contact issues
- Autism/diagnosis

### Current Employment

2007 – present - **Clinical Director and Lead Clinical Psychologist, Psychology Clinic of East Anglia Ltd**

### Previous Employment

2001 – 2015 - **Clinical Psychologist, Norwich Primary Care Trust** Child and Adult Services for people with Learning Difficulties. Norwich Primary Care Trust.

2001 - 2016 - **Clinical Research Fellow, University of East Anglia** Doctoral Programme

Dual diagnosis; Links between Type 1 Diabetes Cognitive dysfunction; Treatment of Generalised Anxiety Disorder; Cognitive Behaviour Therapy and Learning Difficulties, Psychosocial aspects of Learning Difficulties.

2001 - 2015 **Honorary Lecturer in Clinical Psychology, University of East Anglia**

1998-2001 **Clinical Psychologist in training.** Life Span Trust, NHS, UEA

1996-1998 **Assistant Psychologist** - Learning Disabilities Psychology Department. Little Plumstead Hospital, Norwich.

1995-1996. **Psychologist.** EAR Ltd., Brunel Science Park, Uxbridge, London.

1993-1995. **Counsellor** at the Norwich Women's Centre.

1994-1995. **Counsellor and Outreach Worker** at the Drugs and Alcohol Centre, Ferry Cross, Norwich.

### Education

- 1998 – 2001 **Doctorate in Clinical Psychology**, University of East Anglia (Clin.Psy.Doc). Thesis: Mindfulness, Metacognition and the treatment of anxiety disorders- Single case studies (Distinction)
- 1990-1995, **Degree in Clinical Psychology** (BSc) UNED, Spain
- Training for the Diagnostic Assessment for Autistic Spectrum Disorders. London 2005
- Care Index Training, Portsmouth, 2009
- Stem Stories Training, Norwich, 2011
- HCR-20 Training, London, 2012
- Adult Attachment Interview, Norwich 2013
- The Meaning of the Child, Norwich 2015
- CBT in the treatment of PTSD, London, 2015
- Music Degree, 1985-1990, Vitoria, Spain

### Publications

List of publications available on request.